



Help during the Coronavirus Pandemic

Stay at home and stay safe!

Remember that we are here and willing to help anyone, especially the elderly or isolated with any tasks which have become difficult or

impossible. We can bring you some shopping, post your letters, walk your dog, or have a friendly chat. Don't be lonely!

Our group collection of prescriptions continue. Thursday 16th April will be the next regular collection day, then Mondays and Thursdays thereafter. Remember that prescriptions take 5 working days to process. Alderton are doing their best as some items are proving difficult to obtain, but you can help them by ordering in good time before you run out. Ask about doing them electronically if you can as it makes it easier and quicker to deal with them. Phone 411641.

For collection please give us your name, address and Date of Birth

Phone 411232, or 07707 850126 helenm1960@btinternet.com

Mc Coll's in Hollesley and the shop in Alderton are providing us with more everyday essentials as their shelves begin to fill up once more. Thank you to all the staff who are going out of their way to help us!

Some shops in Woodbridge are delivering too, including Notcutts and Dobbys so we can make our gardens colourful for the summer.

There's A Silver Lining!

Many of us are continue to look after each other and getting to know our neighbours better or for the first time. Our communities are becoming stronger as the weeks go by. It looks as if we will be in this crisis for a good few weeks yet.

Helen Lewis

Food parcels and help from the Citizens Advice Bureau

Open 10 to 2pm Monday, Tuesday, Friday. Phone 01728 832193